

Supplemental Nutrition Program for Women, Infants, and Children (WIC) Fact Sheet

To qualify for the Water Distribution Program under the WIC qualification requirements, the following criteria must be met:

- **Covered groups:** Do any of the following describe the applicant, someone who lives in the applicant's household¹, or anyone in the applicant's care?
 - Is pregnant.
 - Has had a baby (or been pregnant) within the last 6 months.
 - Is currently breastfeeding a baby that is less than 12 months old.
 - Is a baby, child, or foster child between under the age of 5.
- **Annual Income Limits**
 - Household annual income must be at or below the limits specified in Table 1.
 - Income is considered:
 - Wages, tips, commissions (before tax/ deductions)
 - Income from self-employment
 - Child support and alimony
 - Social Security benefits (SS, SSI, SSDI)
 - Unemployment benefits
 - Worker's compensation
 - Veterans' benefits
 - Retirement payments/ benefits (including pensions & annuities)
 - Do not include as income:
 - Loans
 - AmeriCorps living allowances/stipends or other volunteer payments
 - Indian Tribal Organization payments
 - Payments received under the Job Training Partnership Act
 - The value of in-kind benefits
 - Family Subsistence Supplemental Allowance
 - Family Separation Housing
 - Overseas Housing Allowance
 - Combat Pay, Basic Allowance for Housing
 - Overseas Continental United States Cost of Living Allowance
- **Nutrition Risk Requirement**
 - Applicants must be seen by a health professional such as a physician, nurse, or nutritionist who must determine whether the individual is at nutrition risk.
 - "Nutrition risk" means that an individual has medical-based or dietary-based conditions.
 - Examples include anemia (low blood levels), underweight, history of poor pregnancy outcome, or a poor diet
 - <https://www.fns.usda.gov/wic/nutrition-risk-criteria>

¹ See "How to Determine Your Household Under WIC" for more information.

How to Determine Your Household Under WIC

Your household is everyone who lives in your home (including children) and shares income and household expenses (bills, food, etc.). Your household may include people who are related to you and people who are not.

If a woman in your household is pregnant, you may increase your household size by the number of expected births.

INCLUDE:

- Domestic partners
- Children who live with you "most of the time" if you are divorced/ separated
- Your divorced/ separated partner if they still live with you
- Your child's stepparent if they live with you
- Service members who are away from the household
- Students who do not live with you but for whom you provide financial support
- Your parents or other family members that provide financial support if you are an adult child and live with them
- Non-parents who provide financial support if you are a teenager who lives with them
- Others that you live with that provide financial support (bills, food, etc.)

DO NOT INCLUDE:

- Foster children if you are interested in WIC benefits for people in your household **who are not foster children**
- An individual who is currently institutionalized, but usually lives with you, and for whom **you do not provide financial support**

Note: If you consider yourself homeless², but live temporarily with other people, do not include them in your household. Include only yourself and other members of your family.

² Homeless means a woman, infant or child who lacks fixed and regular nighttime residence or whose residence is a supervised or privately operated shelter.

Table 1: Annual Income Eligibility Limits Under WIC

Household Size	1	2	3	4	5	6	7	8	Asset/ Resource Limitations
Income Limit	\$ 26,973	\$ 36,482	\$ 45,991	\$ 55,500	\$ 65,009	\$ 74,518	\$ 84,027	\$ 93,536	N/A

Note: The household size is determined by the number of individuals listed in Section D of the Claim Form plus the applicant (if the applicant is not otherwise listed in Section D).

Household income is the total of the individual annual income for each member of the applicant's household that is older than 18.

Table 2: Acceptable Documentation to Prove Eligibility Under WIC

To qualify for the Water Distribution Program under the WIC requirements, the following documents verify eligibility:

To verify Covered Party Status:

- WIC Appointment Card
- Nursery Book/Infant Card
- Birth Certificate (not a copy)
- Passport or Passport ID/Visa
- Baptismal Record (not a copy)
- Photo ID (school, health, other)
- Marriage Certificate
- Immunization Record
- Health Records verifying pregnancy
- Foster Care Stub (most recent)

To verify Income:

- Paystub (most recent)
- Check Stub/Statement (most recent)
- Bank Book/Statement (most recent)
- Verification of Employment Letter
- Foster Care Stub (most recent)
- Tax Forms (most recent)
- Social Security Letter/Statement
- Alimony ruling
- Child support ruling
- Unemployment benefits statement
- Worker's compensation benefits statement
- Veterans' benefits statement
- Retirement/Pensions statement
- Foster Care Stub (most recent)
- Receipts of Payment Received
- LES (Military Earning Statement)
- Other reasonable verification of income

To verify Nutrition Risk:

- Note from health care professional stating the applicant or covered party has a nutrition risk